

# Athletes can be at risk from blood clots too #ThinkThrombosis

Know the risks, signs and symptoms

If you experience:

- unexplained ongoing pain in the leg muscles
- unexplained light headedness, a blackout or
- unexplained breathlessness or cough

Seek medical advice and ask:

**“Could this be a clot?”**



## Do you know your risk factors? It could save your life

Find out more at:

[thrombosisuk.org/risk-factors.php](https://thrombosisuk.org/risk-factors.php)

