Cancer Associated Thrombosis: Burden of disease

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My talk today

- Incidence
 - Medical oncology
 - Surgical oncology
- Recurrent VTE
- Mortality

Risk for VTE varies with natural history of cancer



Rao et al., in Cancer-Associated Thrombosis. (Khorana and Francis, Eds) 2007

Trends in VTE in hospitalized cancer patients



Khorana AA et al. Cancer. 2007.

Major surgery in cancer patients

	Patients, %
Calf vein	40–80
Proximal vein	10–20
Clinical PE	4–10
Fatal PE	1–5

Impact of cancer of postoperative VTE

 cancer patients have 2-fold risk of post-op DVT/PE and >3-fold risk of fatal PE despite prophylaxis:

	No Cancer	Cancer	P-value
	N=16,954	N=6124	
post-op VTE	0.61%	1.26%	<0.0001
non-fatal PE	0.27%	0.54%	<0.0003
autopsy PE	0.11%	0.41%	<0.0001
death	0.71%	3.14%	<0.0001

Incidence of VTE after Cancer Surgery

- 20,762 patients undergoing major cancer surgery
- Overall VTE rate 3.5%



Hammond J, et al. Ann Surg Oncol. 2011 Nov;18(12):3240-7.

Incidence of VTE-by Site

- Prospective study, 2373 patients undergoing general, urologic, or gynecologic surgery
- Clinical VTE up to 30 days
- Overall incidence = 50 patients (2.1%)



Incidence of VTE - Timing



Agnelli G, et al. Ann Surg 2006;243:89-95.

Venous and arterial thrombosis in cancer patients during chemotherapy

			Thrombosis	
	n	Type of cancer	during chemotherapy	after chemotherapy
Weiss, 1981	433	Breast stage II	22 (5%)	0*
Goodnough, 1984	159	Breast stage IV	24 (15%)	4 (2.5%)
Levine, 1988	205	Breast stage II	14 (7%)	0*
Saphner, 1991	2352	Breast	128 (5%)	0*

Risk of inpatient VTE by site/type of cancer



Impact of stage on VTE

Kaplan–Meier plot of the incidence of VTE ≤2 years of diagnosis of five different types of cancer with (A) metastatic-stage and (B) regional-stage disease at the time of diagnosis



Incidence of VTE

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Khorana AA et al. Cancer. 2005;104:2822-2829.

	Semuloparin % (n/N)	Placebo % (n/N)	HR (95% CI)	<i>p</i> -value
Overall VTE	1.2 (20/1608)	3.4 (55/1604)	0.36 (0.21–0.60)	<0.001

Identifying pantients at risk of VTE

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Patient characteristic	β	Odds ratio* (95% CI)
Site of cancer		
Very high risk (stomach, pancreas)	1.46	4.3 (1.2-15.6)
High risk (lung, lymphoma, gynecologic, genitourinary excluding prostate)	0.43	1.5 (0.9-2.7)
Low risk (breast, colorectal, head and neck)	0.0	1.0 (reference)
Prechemotherapy platelet count 350 \times 10 ⁹ /L or more	0.60	1.8 (1.1-3.2)
Hemoglobin level less than 100 g/L or use of red cell growth factors	0.89	2.4 (1.4-4.2)
Prechemotherapy leukocyte count more than $11\times 10^{9}/L$	0.77	2.2 (1.2-4)
BMI 35 kg/m² or more	0.90	2.5 (1.3-4.7)





The Vienna CATS score

• Khorana score plus biomarkers (D-dimer and sP-selectin)



Ay et al. *Blood* 2010;116:5377-82.





Prandoni P, et al. Blood. 2002;100:3484-8.

Incidence of central venous catheters (CVC)-related DVT without prophylaxis

	ENDPOINT	TOTAL DVT
Lokich, 1983	Venography	42.0%
Bern, 1990	Venography	37.0%
Monreal, 1996	Venography	61.7%
Verso, 2005	Venography	18.0%
Luciani, 2001	Doppler US	11.8%
Couban, 2005	Clinical	4.0%
Reichardt, 2002	Clinical	4.0%
Karthaus, 2005	Clinical	3.4%
Lee, 2006	Clinical	4.3%

Higher rates of fatal PE and fatal bleeding in patients with cancer





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Recurrent Thrombosis and Bleeding Events

INR	Recurrent VTE		Major Bleeding	
range	Cancer	No Cancer	Cancer	No Cancer
< 2.0	54.0	15.9	30.6	0.0
2.0 to 3.0	18.9	7.2	11.2	0.8
> 3.0	18.4	6.4	0.0	6.3
Overall	27	9	13.3	2.1

Hutten et al. J Clin Oncol 2000;18:3078.

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Cumulative incidence of first VTE recurrence



Multivariate predictors of VTE recurrence

Characteristic	HR	95% CI	<i>p</i> -value
Stage IV pancreatic cancer	6.38	2.69–15.13	<0.0001
Brain cancer	4.57	2.07-10.09	0.0002
Myeloproliferative or myelodysplastic disorder	3.49	1.59–7.68	0.002
Ovarian cancer	3.22	1.57–6.59	0.001
Stage IV cancer (non-pancreas)	2.85	1.74–4.67	<0.0001
Lung cancer	2.73	1.63–4.55	0.0001
Neurological disease with leg paresis	2.38	1.14–4.97	0.02
Cancer stage progression	2.14	1.30–3.52	0.003
Warfarin therapy	0.43	0.28–0.66	<0.0001

Cancer and VTE predict poor outcome

 Patients with a diagnosis of cancer at the time of an episode of VTE were more likely to have distant metastases and had poorer 1-year survival than matched controls with cancer but no VTE



Concurrent VTE and cancer increases the risk of death

Probability of death within 183 days of initial hospital admission



In hospital mortality rate due to pulmonary embolism (PE)



VTE and in-patient mortality



Impact of VTE on Mortality

- Nationwide Inpatient Sample 1999-2009
- N = 2,508,916



Postoperative VTE and Survival

- 23,541 patients having cancer surgery
- 474 (2%) VTEs
- 5 year OS 43.8% vs 61.2%



Postoperative VTE and Survival

- Matched for:
 - Gender
 - Age
 - Year of surgery
 - Type of cancer
 - Stage
 - Procedure





• Worse DSS in patients with VTE

Auer RAC, et al. Annals of Surgery May 2012;255(5):963-970.

Impact of VTE on outcome



Merkow RP, et al. Annals of Surgery 2011;254:131-137.

Conclusion

- Cancer is an important risk factor for VTE
- Impact on medical and surgical cancer patients
- Attended by higher risk for bleeding and recurrence
- Impacts mortality