

# HEADED TO THE HOSPITAL? KNOW THROMBOSIS

ASK YOUR DOCTOR ABOUT YOUR RISKS



WORLD THROMBOSIS DAY  
13 OCTOBER

**Venous thromboembolism (VTE) is a life-threatening but preventable condition that affects millions of people worldwide.**

VTE refers collectively to deep vein thrombosis (DVT), a blood clot that occurs in a deep vein usually in the leg, and pulmonary embolism (PE), a clot that breaks loose and travels to the lungs. PE is often deadly.

Up to 60 percent of VTE cases occur during or after hospitalization, making it the leading cause of preventable hospital death, ahead of pneumonia and infection.

When conducted by a healthcare professional, a VTE risk assessment can indicate personal risk and lead to proper prevention.

## THINK PROACTIVELY, KNOW THROMBOSIS!

### QUESTIONS TO ASK YOUR HEALTHCARE PROFESSIONAL ABOUT VTE

Be an active partner in your care and talk to a healthcare professional immediately.

Whether you're in a hospital or out living life to the fullest, VTE is a medical emergency.

QUESTIONS	IMPORTANT NOTES
1 What is my risk of developing a DVT or PE? Please conduct a VTE risk assessment.	
2 What can be done to lower my risk of developing a DVT or PE?	
3 Will I be given some type of blood clot prevention while at the hospital?	
4 Will I be given some type of blood clot prevention when I leave the hospital?	
5 What are the warning signs or symptoms of a DVT or PE?	
6 What should I do if I have any warning signs or symptoms?	

Learn the signs, symptoms and risk factors for VTE.

Visit [www.WorldThrombosisDay.org](http://www.WorldThrombosisDay.org)