

Patient & Carer Information & Support Meeting – Stirling

Sunday 12th May 2019

16:30 – 19:30

Stirling Court Hotel, University of Stirling, Stirling, FK9 4AE

16:30 – 17:00	Registration: Beverages served and opportunity to meet and chat	
Time	Presentation	Speaker
17:00 – 17:10	Welcome, introduction and house keeping	Thrombosis UK
17:10 – 17:35	What are blood clots and how can I reduce my risk of developing one? Q&A	
17:35 – 18:00	What treatment, tests and review should I expect? Q&A	
18:00 – 18:15	Break	
18:15 – 18:40	Women's health – The Pill, HRT & other risks Q&A	
18:40 – 19:05	Managing the psychological impact of VTE Q&A	
19:05 – 19:30	Travel, exercise, returning and to routine life after a blood clot Q&A	
19:30	Close of meeting	

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