

## Let's Talk Clots – Scotland

### Patient & Carer Information & Support Meeting

Thursday 10<sup>th</sup> May 2018

Royal College of Physicians and Surgeons, 232-242 St Vincent Street, Glasgow, G2 5RJ

Time	Presentation	Speaker
10:15 – 10:35	<b>Registration – The Princess Alexandra Room</b>	
10:35 -10:40	Welcome & Introduction	<b>Chair: Andrea Croft</b> Nurse Lead for Thrombosis UK
10:40 – 11:05	The pathway of diagnosis and managing a DVT / PE when a patient first presents	<b>Karen Bleach and Robert Thomson</b> Specialist Nurses, Royal Alexandria Hospital, Paisley
11:10 – 11:35	What are blood clots?	<b>Dr Matthew Fay</b> GP and GP Lead for Thrombosis UK
11:40 – 11:45	Question & Answer session	<b>All</b>
11:45 – 12:05	A Patient Perspective	<b>TBC</b>
12:05 – 12:45	Light lunch and opportunity to meet and chat	
12:45 – 13:10	Anticoagulation: understanding options, when and for how long	<b>Andrea Croft</b> Specialist VTE Nurse and
13:10 – 13:40	Thrombosis and women's health: Risk factors, contraceptive pill, HRT and discussions with you doctor	<b>Dr Matthew Fay</b>
13:40 – 14:10	Travel, exercise and health after diagnosis of a blood clot	<b>Cara Doyle</b> Specialist VTE Nurse
14:10 – 14:20	Question & Answer session	<b>All</b>
14:20 – 14:25	Helping to improve awareness and focus on thrombosis	<b>Jo Jerrome</b> CEO Thrombosis UK
14:25	Close of meeting	

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