



Thrombosis UK

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Signs and Symptoms of a blood clot (VTE)

A blood clot can occur in anyone and without any warning signs or symptoms. The most common occur in the limbs (called a DVT), or in the lungs (PE) combined this is known as VTE.

Too often they can go unrecognised and undiagnosed.

The following symptoms are indicative of DVT or PE but are not exclusive nor exhaustive. Remember if in doubt get checked out!

Deep Vein Thrombosis (DVT)

- Unexplained pain can be the only symptom
- Swelling, including the ankle or foot
- Redness or noticeable discolouration
- Warmth

Pulmonary Embolism (PE)

- Unexplained shortness of breath
- Rapid breathing
- Chest pain (may be worse upon deep breath)
- Rapid heart rate
- Light headedness or passing out

Contact

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