

VTE

VENOUS THROMBOEMBOLISM

Common risk factors for thrombosis (blood clots) are:

- Hospitalisation for any reason
- Surgery, especially:
 - Hip & knee replacement
 - Procedures to the pelvis and abdomen
- Severe trauma (eg accident)
- Prolonged / long-term bed rest

- Cancer and some cancer treatments
- Injury to a vein
- Pregnancy and post-partum

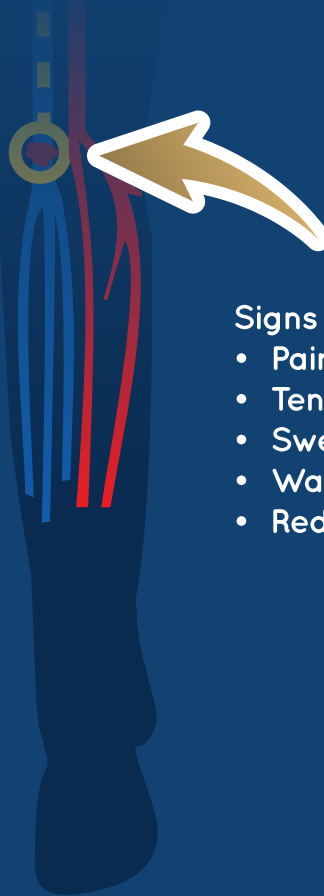
- A family history of blood clots
- Oral contraceptive pill
- Hormone replacement therapy (HRT)
- Obesity
- Long periods of inactivity
- Dehydration
- Smoking

If you have concerns or any of these risk factors apply to you, it is very important that you discuss this with your doctor

DVT

DEEP VEIN THROMBOSIS

A blood clot can occur in anyone without any warning signs or symptoms



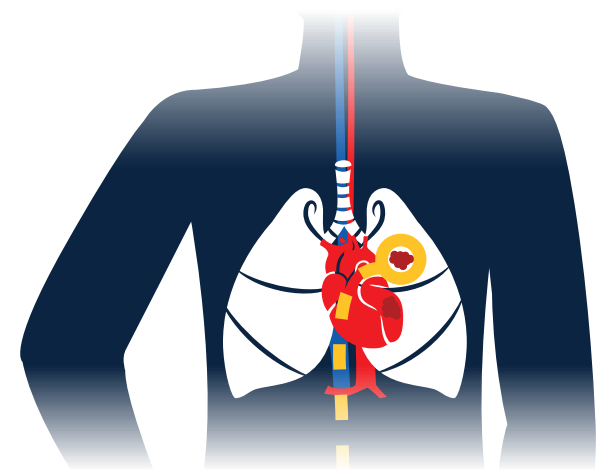
Signs of DVT may include:

- Pain
- Tenderness
- Swelling
- Warmth
- Redness

PE

PULMONARY EMBOLISM

A blood clot can occur in anyone without any warning signs or symptoms



Signs of a PE may include:

- Unexplained shortness of breath
- Rapid breathing
- Chest pain
- Rapid heart rate
- Light headedness or passing out