

Debbie

Your Age: 38

Profession: I am an accounts manager and single mum of four

Star sign: Aries

Favourite food: Roast lamb dinner

Favourite exercise: Yoga

What makes you the most happy? Alcohol..... and my children.

What makes you sad? War

The Clot Story

At what age did you have your first clot? 36

Where were your clots? Brain

What caused your clot? Sinusitis

What has changed for you emotionally and physically since having your clot? Fear of death and dying. I developed post traumatic stress disorder.

Did it change your life? And if so for better or for worse? Yes it did for the better and for the worst. For the better, I have more appreciation for life, for the worse the worrying fear of death.

Why do you want to raise awareness of blood clots? Misdiagnosis, I was misdiagnosed twice and was lucky to not have a stroke, or seizure whilst waiting for correct diagnosis. This could have left my four children as my carers.

If a friend or family were to describe your journey what would they say?

Brave, epic,

“I didn’t realise the seriousness of it because of the way she played it down”.

Always seeing the funny side “you can’t have a blood clot in your brain if you don’t have a brain?”



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