LIFEBLOOD: THE THROMBOSIS CHARITY

(A Company Limited by Guarantee)

REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2014

Registered Charity No: 1090540

Company No: 4354472
 Trustees

Shelley Anne Webster, LLB, PgDl, BVC - Chair
Brian Herbert John Gardner
Dr Beverley Jane Hunt, MD, FRCP, FRCPath
Simon Hart, FCCA.
Kim Lesley Carter
Dr Simon Noble
Professor Ian Maxwell Franklin
Robin Offord
Carly Louise Plewa Resigned 03.02.14
Paul Westerman Appointed 11.09.14
Clare Mary Reynolds Appointed 07.08.14
Andrea Louise Croft Appointed 07.08.14

Secretary

Dr BJ Hunt, MD, FRCP, FRCPath

Council of Reference

Professor Lesley Regan MD, FRCOG
Professor E G D Tuddenham, MBBS, FRCP, FRCPath, FRCPE, MD
Dr A T Cohen MBBS, MSc, MD, FRACP

Registered office

91 Gower Street
London
WC1E 6AB

Auditors

Couch Bright King & Co
Chartered Accountants & Statutory Auditors
91 Gower Street
London
WC1E 6AB

Solicitors

Stone King
28 Ely Place
London
EC1N 6TD

Bankers

National Westminster Bank plc
Maida Vale
Elgin Avenue Branch
298 Elgin Avenue London
W9 1WT
LIFEBOOED: THE THROMBOSIS CHARITY

Registered Charity No: 1090540
Company No: 4354472

TRUSTEES’ ANNUAL REPORT FOR THE YEAR ENDED 31 JANUARY 2014

The Trustees present their report along with the financial statements of the charity for the year ended 31 January 2014. The financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008) and follow the recommendations in Accounting and Reporting by Charities: Statement of Recommended Practice (SORP 2005). The report and statements also comply with the Companies Act 2006 as Lifeblood: The Thrombosis Charity was incorporated by guarantee on 16th January 2002. It has no share capital and is a registered charity (registered 12th February 2002).

Aims and Activities

Lifeblood: The Thrombosis Charity was established to advance medical science in relation to the diagnosis, causes, prevention, alleviation, management and cure of thrombosis and for the promotion of knowledge and public education of the understanding and awareness of thrombosis. Using the powers conferred by the Memorandum of Association Lifeblood aims to fund:

- a range of studies looking at why and how a thrombosis occurs;
- research into the management and the improvement of current treatments available;
- an education programme that informs people about the causes and effects of thrombosis.

Organisational Structure

A Board of eleven Trustees (2013: nine), who are also Directors of the company, govern Lifeblood: The Thrombosis Charity. The Trustees have the power to appoint, and remove, any member to act as Secretary to the Charity and all vote on the appointment of the Chairman, Treasurer and other Honorary Officers. The charity seeks to ensure trustees are appointed to fulfil the changing and on-going needs of the charity’s activities and outcomes. New trustees are appointed with the unanimous approval of existing trustees. Training and induction methods are under review and new processes will be introduced in 2014/15.

All Trustees give freely of their time and expertise and receive no remuneration for their work. The current list of Trustees, who acted throughout the period of review except where indicated, is given on page 2.

The day to day administration of the charity is the responsibility of the Executive Officer, Annya Stephens-Boal, who was the only full-time employee of Lifeblood: The Thrombosis Charity in the year.

The Trustees are supported by a multi-disciplinary group, drawn from recognised leaders within the UK in thrombosis care and research. It is this group who advise the charity on the latest thoughts on treatment and prevention as well as acting as the Peer Review Panel for our scientific research programme.

The contact address is Lifeblood: The Thrombosis Charity, P.O.Box 58, Llanwrda, Carmarthenshire, SA19 0AD.

Trustees’ Responsibilities in Relation to the Financial Statements

The Trustees (who are also directors of Lifeblood: The Thrombosis Charity for the purposes of company law) are responsible for preparing the Trustees’ Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year.
In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In accordance with company law, the Trustees certify that:

- so far as we are aware, there is no relevant audit information of which the company’s auditors are unaware; and
- as Trustees we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the company’s auditors are aware of that information.

Accounts

The accounts comply with current statutory requirements and the Statement of Recommended Practice 2005.

Review of our work

Lifeblood had another busy and fruitful year in fulfilling our mission statement of raising awareness and increasing research into Venous ThromboEmbolism (VTE). We were once again very privileged to receive support and donations from the general public, many of whom had loved ones who had suffered from VTE.

A highlight of the year was “The Lifeblood VTE Awards and Tenth Birthday Party held on 4th February 2013 in the Houses of Parliament. Five national awards were given in the categories of Best VTE Patient Information Structure, Best Obstetrics VTE Prevention Programme, Best VTE Education Programme, Best VTE Prevention Programme, Most Improved Trust: CQUIN Results for 2011/2012 and Best Performing Trust: CQUIN Results for 2011/2012. There were also eight new Lifeblood Ambassadorships awarded and, for the first time ever, we also presented awards to nine of our best performing fundraisers.

We continued work on our two campaigns:

Stop the Clots - aiming to mandate appropriate thromboprophylaxis in all UK hospital to reduce the incidence of hospital-acquired clots;

and

Spot the Clots - aiming to increase awareness of VTE in the community to reduce the incidence of “missed diagnosis” of VTE.
Increasing awareness of VTE

The highlight of our year is National Thrombosis Week (second week of May) which is split into three components:

a) The National Thrombosis Week (NTW) tour focused on education. Whilst England is continuing to forge ahead with delivering thromboprophylaxis to prevent hospital-acquired VTE, the provinces still lag behind both in terms of risk assessment and general thrombosis education. Once again we held three education days for health professionals, but changed venue in Scotland and held an event in Edinburgh on this occasion, returning to Belfast and Cardiff for the other two days. They were jointly sponsored with the UK Thromboprophylaxis Forum. We kept the popular format from the previous year and featured talks on a wide variety of subjects and held breakout workshops where participants could discuss different topics with individual presenters. The education days were full and we received very positive feedback from all the participants.

b) We ran a successful poster campaign across the UK transport network which was designed by Anita Csatari, who provides project management to the Charity. The posters were dispersed across the London Underground and Tramlink networks and in carriages on several main rail networks across the provinces. We featured messages on ‘The Ages of Thrombosis’ campaign highlighting the fact that thrombosis does not discriminate in terms of age, the ‘Shshhhh’ campaign highlighting the fact that there is no ignoring the risk of thrombosis and also ran a campaign aimed at keeping hospital-acquired thrombosis at the top of the awareness agenda.

c) The main focuses of our press release this year were on the failure of GPs to prescribe the new oral anticoagulants on the back of a freedom of information request to hospitals and Clinical commissioning groups. We also continued to keep hospital-acquired thrombosis in the limelight.

“iClot” our iPhone and Android app that contains information on thrombosis and made in partnership with Cranworth Medical, was launched in National Thrombosis Week.

We supplied around 750 NTW promotional packs, seeing another increase on last year. The website saw a massive increase in hits over the course of the week, and many emails and phone calls were received in the office as a direct result of advertising and media coverage in the weeks leading up to and following National Thrombosis Week.

As with previous years, many individual events were undertaken at NHS Trusts across the UK and we also had some public fundraising events organised to run in conjunction with the week, including the Superhero Run in London held at the beginning of the week. Supporters continue to supply us with photos and written reports for use in newsletters and archive.

Awareness and education of health professionals

a) Undergraduate

We continue to run our Masterclasses in Haematology, run jointly with the British Society for Haematology, which provide a one-day course in all aspects of Haematology including VTE. They are attended by over 100 medical students and always oversubscribed. Two Student Masterclasses in Haematology were held this year; one in London and another in Birmingham.

b) Postgraduate

Kim Carter did an enormous amount of work surrounding post-partum VTE training in health visiting education in the past 12 months and presented posters, gave presentations and had a paper accepted in the Journal of Health Visiting.

Annya gave a talk at the Covidien 3rd Annual London VTE Symposium at the Royal College of Surgeons.

Royal College of Nursing (RCN) and Nursing in Practice conferences

We attended the Royal College of Nursing Congress for the second year. The venue was in Liverpool on this occasion and was another highly successful outing with many of nurses, Health Care Assistants, midwives and students once
again visiting the stand and in excess of 300 information packs and leaflets being taken away. We plan to attend the RCN Congress on an annual basis.

**VTE and Cancer**

We had to cancel a national meeting on VTE and Cancer despite having the Cancer Tsar and other eminent speakers on the programme because of lack of interest. We suspect that oncologists' interests are not in areas outside of the cancer they are treating. We have handed in our ideas to the UK Thromboprophylaxis Forum, who will include talks on VTE and Cancer in their future meetings. Professor Hunt and other experts were booked to talk about VTE in cancer at meetings on different types of cancer.

**Awareness and education of the public**

In addition to NTW we also have the following to report:

The new leaflet on post thrombotic syndrome and upgraded Thrombotic Thrombocytopenic Purpura leaflet were both accredited by the Plain English Campaign.

Our closed and public Facebook pages continue to grow in followers and the closed page continues to provide much needed mutual help and support for VTE sufferers by VTE sufferers. The closed group grows year on year: it now has over 250 members and is a lively and supportive community.

The Twitter account goes from strength to strength and we regularly tweet generic VTE information messages, feature fundraising events, and ‘live tweet’ from many of our events including the education days for NTW and the RCN Congress.

We continue to develop the website with the addition of several more new sections. We also developed and launched the web shop selling a range of Lifeblood branded materials the year.

**Grant Making**

The Charity continues to consider grants for research and travel fellowships. Grants are considered by the Trustees on at their meetings and are considered on a case by case basis and awarded by unanimous approval from the Board. Travel fellowships are limited to one grant per individual every three years.

**Research**

A PhD fellowship continues with Professor Sam Machin’s team at University College London, jointly funded by Lifeblood, the BSHT and BSH.

We will be funding Professor Richard Beasley in New Zealand research on e thrombosis in 2015.

As a result of our work with Professor Paul Bennett, Psychologist at Swansea University, which looked into the psychological impact of thrombosis and the need for continued support, we have gone to develop the Lifeblood buddy system ‘Lifeblood Buddies’ which was launched in March 2014 and is being overseen by Katherine Johnson, who became employed by the charity as a part time manager from June 2014 onwards. Katherine is a VTE sufferer, former Lifeblood fundraiser, and current psychology student.

Lifeblood Buddies offer to pair individuals with similar problems related to VTE so they can support each other.

Annya continued to work with Professor Jonathan Sterne’s group at Bristol University on comparative study ‘Anticoagulants for atrial fibrillation and treatment and prevention of VTE’.
LIFEBOOD: THE THROMBOSIS CHARITY

Registered Charity No: 1090540
Company No: 4354472

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 JANUARY 2014

We awarded the following three Travel Fellowships this year but only the first one listed below was actually claimed in the current financial year and the other two have been postponed for 2015:

1. To a Research Laboratory Manager to attend the International Society of Thrombosis and Haemostasis (ISTH) in Amsterdam;
2. To a Postdoctoral Research Associate to present his research at the Kampala International University Research Forum; and
3. Postdoctoral Research Fellow to present and discuss her work at the International Conference on Thrombosis and Haemostasis Issues in Cancer in Bergamo.

Political work

1. England
   The new CQUIN rules (Commissioning for Quality and Innovation) state all English Trusts are obligated to risk assess 95% of admissions and ensure 95% receive appropriate thromboprophylaxis AND that 60% of the patients receive written patient information.

   “The Patient Safety Thermometer” which is a set of questions about patient safety that will require to be answered by nurses on a ward once a month about their patients. The section on VTE is poorly designed, the nurses get confused by it, and they don’t have the skillbase to answer the questions. It has been pointed out to the National VTE Board who have commented on it. We campaigned successfully to have the VTE section downgraded- it is no longer obligatory.

   Hospital inspection - Professor Hunt met with the new Inspector of Hospitals Mike Richards, who was reminded about prevention of hospital-acquired clots. He asked me to write to him as well with details. The criteria for hospital inspection have been released and prevention of hospital-acquired clots is very prominent!

   We worked with the All Party Parliamentary Thrombosis Group to do yet another annual national survey of English hospitals in November 2013.

   The Patient Experience section of the National VTE board - Professor Hunt led on this and produced 2 national leaflets on VTE that are in plain English, Crystal marked and badged by Lifeblood.

   NICE Quality Standards on the management of VTE came out in April and was endorsed by Lifeblood. Prof Hunt sits on the writing committee. Annya continues to represent the patient’s perspective on NICE Scoping Workshops and Appraisal Committees.

2. Scotland
   They are using a system of change management that will improve thromboprophylaxis in all the hospitals through the 14 health boards. We also contributed to the Scottish Medical Consortium’s appraisal of treatment of pulmonary embolism (PE) and prevention of recurrent deep vein thrombosis (DVT) and PE in adults.

3. Wales
   They are building a system of ensuring VTE prevention occurrences in Welsh Hospitals. The steering group chaired by Simon Noble and which Professor Hunt and Annya both attend continues to make progress, albeit slow. However, things are continuing to move forward with plans for a public awareness campaign about hospital acquired clots when ‘Ask About Clots’ to be launched later in 2014.

Fundraising

Lifeblood continues to be very well supported with people undertaking fundraising events, and we continue to benefit from several repeat events. We also had many individuals making generous donations in memory of loved ones.

Just Giving, Do-It-For Charity, and Virgin Giving Money fundraising websites continued to be regularly used and we have added the Charity Challenge and Givey sites to our repertoire this year. Easyfundraising continues to bring in a small but welcome income annually.
Financial Reports

With the difficult economic conditions continuing and the inability to raise private and corporate donations to the same levels of previous years, the charity took the inevitable view that some of the accumulated general reserves would be utilised to maintain and support the charitable activity levels and outputs and outcomes needed. As a result, the net outgoing resources for the year under review amounted to £27,833.

The net assets of the charity still remain healthy, at the balance sheet date, for a small charity such as this. Net assets total £183,700 and are liquid in nature, in line with our planned approach.

Reserves Policy

In the course of the development of the charity we will take account of the need to have reserves, and a policy, to honour future funding commitments that we make. We will also ensure that funds are sufficient to cover three years administration, support and governance costs of the charity.

Risk Assessment

We consider the systems we have in place for the day-to-day operation of Lifeblood: The Thrombosis Charity to be appropriate to our current size of operation but we are aware that as we grow we will need to develop and implement procedures and reporting regimes to mitigate the risks associated with running a charitable company.

Public Benefit

The Trustees confirm, to the best of their knowledge and belief, that they have complied with Section 4 of The Charities Act 2006 in respect of having due regard to Public Benefit Guidance published by the Charity Commission.

Auditors

The Auditors, Messrs Couch Bright King & Co., have expressed their willingness to continue in office and a resolution proposing their re-appointment will be put to the Trustees at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the Statement of Recommended Practice for Accounting and Reporting by Charities (SORP 2005), and in accordance with special provisions of Part 15 of the Companies Act 2006 relating to small entities.

Approved by the Trustees on 26 October 2014

Signed on their behalf by

Shelley Webster
Trustee
INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF
LIFEBLOOD: THE THROMBOSIS CHARITY
Registered Charity No: 1090540
Company No: 4354472

We have audited the financial statements of Lifeblood: The Thrombosis Charity for the year ended 31 January 2014 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. These financial statements have been prepared under the accounting policies set out therein and the Financial Reporting Standard for Smaller Entities (effective April 2008).

This report is made solely to the charitable company’s members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company’s members those matters we are required to state to them in an auditor’s report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors
As explained more fully in the Trustees’ Responsibilities Statement set out on page 3, the Trustees (who are also the directors of the charitable company for the purposes of the company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board’s Ethical Standards for Auditors.

Scope of the audit of the financial statements
An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the Association’s circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the Trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Trustees’ Report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements
In our opinion the financial statements:
• give a true and fair view of the state of the Charity’s affairs as at 31st January 2014 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
• have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities;
• have been properly prepared in accordance with the Companies Act 2006.

Opinion on other matter prescribed by the Companies Act 2006
In our opinion the information given in the Trustees’ Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

Matters on which we are required to report by exception
We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:
• adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
• the financial statements are not in agreement with the accounting records and returns; or
• certain disclosures of Trustees’ remuneration specified by law are not made; or
• we have not received all the information and explanations we require for our audit; or
• the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Trustees’ Report.

Anthony Oakes, FCA (Senior Statutory Auditor)
for and on behalf of Couch Bright King & Co
Chartered Accountants & Statutory Auditors

91 Gower Street
London
WC1E 6AB

October 2014
LIFE BLOOD: THE THROMBOSIS CHARITY
Registered Charity No: 10905401
Company No: 4354472

STATEMENT OF FINANCIAL ACTIVITIES
(Including Income and Expenditure Account)
FOR THE YEAR ENDED 31 JANUARY 2014

<table>
<thead>
<tr>
<th>Notes</th>
<th>Unrestricted Funds</th>
<th>Designated Funds</th>
<th>Restricted Funds</th>
<th>Year to 31.1.14</th>
<th>Year to 31.1.13</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>General Funds</td>
<td>Designated Funds</td>
<td>Restricted Funds</td>
<td>Total Funds</td>
<td>Total Funds</td>
</tr>
<tr>
<td>Income resources</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Donations, legacies and gifts</td>
<td>3</td>
<td>93,808</td>
<td>-</td>
<td>42,453</td>
<td>136,261</td>
</tr>
<tr>
<td>Investment income – interest (gross)</td>
<td></td>
<td>353</td>
<td>-</td>
<td>-</td>
<td>353</td>
</tr>
<tr>
<td>Total income resources</td>
<td></td>
<td>94,161</td>
<td>-</td>
<td>42,453</td>
<td>136,614</td>
</tr>
</tbody>
</table>

| Resources expended | | | | | |
| Costs of generating funds | 4 | 476 | - | - | 476 | 482 |

| Charitable expenditure | | | | | |
| Activities in furtherance of the charity’s objects – | | | | | |
| Grants awarded: | | | | | |
| Research and Development | 5 | - | 420 | - | 420 | 25,914 |
| Raising Awareness of Thrombosis: | | | | | |
| Literature | | 2,741 | - | - | 2,741 | 7,014 |
| General Awareness | | - | - | 106,075 | 106,075 | 95,157 |
| Website | | 1,263 | - | - | 1,263 | 12,524 |
| Support costs | 6 | 17,569 | - | - | 17,569 | 15,704 |
| Administration costs | | 13,592 | - | - | 13,592 | 11,867 |
| Governance costs | 7 | 22,311 | - | - | 22,311 | 20,511 |
| Total resources expended | | 57,952 | 420 | 106,075 | 164,447 | 189,173 |

| Net incoming resources / (resources expended) | | | | | |
| Transfers | | (63,622) | - | 63,622 | - | - |
| Net movements in funds | | (27,413) | (420) | - | (27,833) | (5,160) |
| Total funds | | 193,599 | 17,934 | - | 211,533 | 216,693 |
| At 1 February 2013 | | | | | |
| Total funds | | | | | |
| At 31 January 2014 | 8 | 166,186 | 17,514 | - | 183,700 | 211,533 |
**LIFEBLOOD: THE THROMBOSIS CHARITY**

Registered Charity No: 1090540  
Company No: 4354472  

**BALANCE SHEET**  
AS AT 31 JANUARY 2014

<table>
<thead>
<tr>
<th>Notes</th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>£</td>
<td>£</td>
</tr>
</tbody>
</table>

**Fixed Assets**

- Tangible fixed assets
  | 01 |

**Current Assets**

- Debtors
  | 09 | 11,525 | 10,187 |
- Cash at bank and in hand
  | 09 | 177,324 | 206,075 |
| Net | 188,849 | 216,262 |

**Creditors (amounts falling due within one year)**

<table>
<thead>
<tr>
<th>Notes</th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Net Current Assets**

|  | 183,700 | 211,533 |

**Net Assets**

|  | 183,700 | 211,533 |

**Represented by:**

**Restricted funds**

|  | 183,700 | 211,533 |

**Unrestricted funds**

- Designated funds
  | 183,700 | 211,533 |
- General funds
  | 166,186 | 193,599 |
| Total unrestricted funds | 183,700 | 211,533 |

**Total funds**

|  | 183,700 | 211,533 |

The accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Approved by the Trustees on 24 October 2014

Signed on their behalf by

Simon Hart  
Trustee

Shelley Webster  
Trustee
1) Accounting Policies

The principal accounting policies, all of which have been applied consistently throughout the year, are set out below:

a) Basis of Preparation
These Financial Statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and follow the recommendations in Accounting and Reporting by Charities: Statement of Recommended Practice (SORP 2005).

b) Fixed Assets and Depreciation
Depreciation is calculated to write off the cost, less estimated residual values, of fixed assets over their estimated useful lives at 20% per annum straight line basis.

Assets acquired under a value of £1,500 are charged to the Statement of Financial Activities in the year of acquisition.

c) Voluntary Income
Voluntary income is received by way of donations and is included in full in the Statement of Financial Activities in the financial period in which they are receivable.

d) Resources Expended
Resources expended are recognised in the period in which they are incurred. Resources expended include Value Added Tax (V.A.T.) which cannot be recovered.

e) Unrestricted Fund
Unrestricted funds are donations, gifts and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds or for purposes as designated and agreed by all the Trustees.

f) Designated Fund
Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

g) Restricted Fund
Restricted funds are donations, gifts and other incoming resources receivable or are generated for the objects of the charity with a specified purpose. They can only be used in accordance with the donor's wish or by the terms of a public appeal.

2) a) Charitable Status
Lifeblood: The Thrombosis Charity is a registered charity, registration number 1090540 and in consequence is exempt from taxation on income arising from and expended on its charitable activities.

b) Company Status
The charity is a company limited by guarantee. The members of the company are the trustees named on page 2. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.
3) **Donations and gifts**

<table>
<thead>
<tr>
<th>Source</th>
<th>Year to 31.1.14</th>
<th>Year to 31.1.13</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individuals and covenanted income</td>
<td>2,979</td>
<td>1,819</td>
</tr>
<tr>
<td>Events, bequests, collections</td>
<td>87,080</td>
<td>101,600</td>
</tr>
<tr>
<td>Charitable trusts and foundations</td>
<td>-</td>
<td>480</td>
</tr>
<tr>
<td>Corporate donors</td>
<td>42,453</td>
<td>73,500</td>
</tr>
<tr>
<td>Gift Aid</td>
<td>3,749</td>
<td>6,263</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>136,261</strong></td>
<td><strong>183,662</strong></td>
</tr>
</tbody>
</table>

The number of general donations, covenants and bequests we have received during the year has been maintained and we are immensely grateful to all of those who have organised a fundraising event for the charity.

4) **Costs of generating funds**

<table>
<thead>
<tr>
<th>Source</th>
<th>Year to 31.1.14</th>
<th>Year to 31.1.13</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fundraising assistance</td>
<td>476</td>
<td>482</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>476</strong></td>
<td><strong>482</strong></td>
</tr>
</tbody>
</table>

5) **Grants awarded**

<table>
<thead>
<tr>
<th>Source</th>
<th>Year to 31.1.14</th>
<th>Year to 31.1.13</th>
</tr>
</thead>
<tbody>
<tr>
<td>Research fellowships</td>
<td>420</td>
<td>9,914</td>
</tr>
<tr>
<td>Awareness research</td>
<td>-</td>
<td>16,000</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>420</strong></td>
<td><strong>25,914</strong></td>
</tr>
</tbody>
</table>

6) **Staff costs**

<table>
<thead>
<tr>
<th>Source</th>
<th>Year to 31.1.14</th>
<th>Year to 31.1.13</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salary</td>
<td>31,805</td>
<td>28,500</td>
</tr>
<tr>
<td>Employers National Insurance</td>
<td>3,333</td>
<td>2,909</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>35,138</strong></td>
<td><strong>31,409</strong></td>
</tr>
</tbody>
</table>

The average number employed during the year was 1 (2013: 1). There are no employees with emoluments above £60,000.

Salary costs this year have been allocated equally between support and governance costs.
7) Governance costs
Salary costs (note 6) 17,569 15,705
Insurance 1,155 1,199
Audit fees 2,880 2,520
Payroll costs 624 624
Sundry 82 463

Total 22,311 20,511

8) Movement in Funds

<table>
<thead>
<tr>
<th></th>
<th>At 1st February 2013</th>
<th>Incoming Resources</th>
<th>Outgoing Resources</th>
<th>Transfers</th>
<th>At 31st January 2014</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>£</td>
<td>£</td>
<td>£</td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td>Restricted funds:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Research</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Awareness Campaign</td>
<td>-</td>
<td>42,453</td>
<td>(106,075)</td>
<td>63,622</td>
<td>-</td>
</tr>
<tr>
<td>Total restricted funds</td>
<td>-</td>
<td>42,453</td>
<td>(106,075)</td>
<td>63,622</td>
<td>-</td>
</tr>
<tr>
<td>Unrestricted funds:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Designated Fund for</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Research</td>
<td>5,121</td>
<td>-</td>
<td>(420)</td>
<td>-</td>
<td>4,701</td>
</tr>
<tr>
<td>Awareness Campaign</td>
<td>12,813</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>12,813</td>
</tr>
<tr>
<td>General Funds</td>
<td>193,599</td>
<td>94,161</td>
<td>(57,952)</td>
<td>(63,622)</td>
<td>166,186</td>
</tr>
<tr>
<td>Total unrestricted funds</td>
<td>211,533</td>
<td>94,161</td>
<td>(58,372)</td>
<td>(63,622)</td>
<td>183,700</td>
</tr>
</tbody>
</table>

Purpose of Restricted Funds

Research - There have been no grants received or awarded towards thrombosis research in the year.

Awareness Campaign – We have received a number of grants towards the funding of our campaign to raise awareness of issues around thrombosis care and treatment, including National Thrombosis Week. The funds expended in the year went towards National Thrombosis Week related costs.

The transfers in the year between funds represent the shortfall in funding received from donors in support of the National Thrombosis Week campaign.

Purpose of Designated Funds

General - Lifeblood: The Thrombosis Charity is committed to raising awareness and advancing thrombosis research in the UK. The Trustees have decided that as much as possible of the money donated by the general public will be used towards these objectives. Expenditure in the year included our website maintenance costs totalling £1,263 (£12,524 in 2013).

Awareness Campaign – Donations are now being received to enable the charity to widen the public and health professional’s awareness of thrombosis and the related issues.

Research – Grants are awarded to part fund research projects fitting the criteria set and reviewed by the Charity’s Medical Director.
9) Debtors

<table>
<thead>
<tr>
<th></th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Taxation recoverable</td>
<td>3,255</td>
<td>2,960</td>
</tr>
<tr>
<td>Sundry debtors and prepayments</td>
<td>8,270</td>
<td>7,227</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>11,525</strong></td>
<td><strong>10,187</strong></td>
</tr>
</tbody>
</table>

10) Creditors: Amounts falling due within one year

<table>
<thead>
<tr>
<th></th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other taxes</td>
<td>1,632</td>
<td>790</td>
</tr>
<tr>
<td>Other creditors</td>
<td>13</td>
<td>14</td>
</tr>
<tr>
<td>Accruals</td>
<td>3,504</td>
<td>3,925</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>5,149</strong></td>
<td><strong>4,729</strong></td>
</tr>
</tbody>
</table>

11) Capital Commitments

There are no outstanding commitments as at 31 January 2014.

12) Contingent Liabilities

There are no contingent liabilities to report.

13) Post Balance Sheet Events

There are no post balance sheet events to report.

14) Trustee Remuneration

The Trustees have not received any remuneration for their work as Trustees. Expenses totalling £475 (£155 – 2013) have been reimbursed to two Trustees (two – 2012), and these are in respect of travel, accommodation and postage whilst promoting Lifeblood.

Towards the end of last year Trustee Indemnity insurance was renewed for £1,155 to protect the charity from any loss arising from the possible neglect or defaults of its Trustees; an amount of £1,155 (£1,199 – 2013) is applicable to this year.

15) Related Party Transactions

The insurance arrangements referred to in note 14, were transacted with Baker Tilly Insurance Services Limited, a company with which Mr Simon Hart, a Trustee, has indirect associations. The transaction was conducted under normal commercial terms and dealt with on an arms length basis.

16) Taxation Status

The company being a registered charity (No.1090540) is not liable to Income and Corporation Taxes on its charitable activities.