BE PROACTIVE
A blood clot in the leg or lung can be prevented.

Take 3 important steps

1. Visit thrombosisuk.org to learn about risk factors.
2. If you are at risk, talk to your doctor about prevention.
3. Share this information with your family and friends.

DVT
DEEP VEIN THROMBOSIS
A blood clot can occur in anyone without any warning signs or symptoms

Signs of DVT may include:
- Pain
- Tenderness
- Swelling
- Warmth
- Redness

DONATE
Text: THUK00
To: 70070
Or visit: www.thrombosisuk.org/donate

Find out more www.thrombosisuk.org

PE
PULMONARY EMBOLISM
A blood clot can occur in anyone without any warning signs or symptoms

Signs of a PE may include:
- Unexplained shortness of breath
- Rapid breathing
- Chest pain
- Rapid heart rate
- Light headedness or passing out

Find out more www.thrombosisuk.org