

PE **CLOT** Thrombosis
 Haemostasis
 Anticoagulation
ANYONE
 Blood
 Flow
ANKLE
SUPPORT
0300
772 Trauma **TELEPHONE**
9603
 Promoting **DEVELOPMENT**
 Help Silent **RISK** Patient
awareness
 International Normalised Ratio **INR**
PREGNANCY
 World Thrombosis Day
GUIDELINES
Talk Venous Thromboembolism
BREATHLESS
POST PARTUM Warmth
DEDICATED
 Deep Vein
VTE POLICY
REDNESS UK
RESEARCH DVT **Lung** Leg
 Pulmonary Embolism
CARE
CANCER ASSOCIATED
THROMBOSIS
 Education **DOCTOR** Fundraising
INFORMING **PAIN**
 Immobility **Thrombosis UK**
 Thromboprophylaxis **VASCULAR**



SIGNS AND SYMPTOMS OF A BLOOD CLOT (VTE)

A blood clot can occur in anyone and without any warning signs or symptoms.

They most commonly occur in the limbs (called a **DVT**), or in the lungs (**PE**). Combined this is known as VTE. Too often they can go unrecognised and undiagnosed.

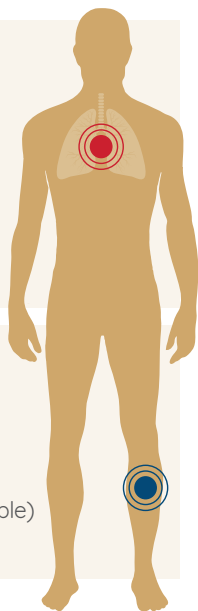
The following symptoms are indicative of DVT or PE but are not exclusive nor exhaustive. Remember if in doubt get checked out!

PULMONARY EMBOLISM (PE)

- Unexplained shortness of breath
- Rapid breathing
- Chest pain (may be worse upon deep breath)
- Rapid heart rate
- Light headedness or passing out

DEEP VEIN THROMBOSIS (DVT)

- Unexplained pain usually in the muscle of one leg can be the only symptom
- Occasionally swelling occurs
- Skin discolouration (pale blue or reddish purple)
- The area can feel warm



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