

BLOOD CLOTS, CANCER &



WHAT YOU NEED TO KNOW



Thrombosis UK

Awareness • Research • Care

If you are worried about blood clots outside of clinic hours, go straight to A&E or call your acute oncology team out-of-hours contact:



1 in 5 people living with cancer will develop a blood clot (known as 'Cancer-Associated Thrombosis' - or CAT for short).



CAT can be very serious, but there are effective treatments to help prevent further clots.



If you develop CAT, you may need to keep using daily treatment (anticoagulant) for your clot at least 6 months, or longer if your doctor says so.

CONTACT YOUR HEALTHCARE TEAM IMMEDIATELY IF YOU DEVELOP:

- Pain or tenderness, often in the leg.
- Swelling in the area or red/blue skin discolouration.
- Unexplained shortness of breath.
- Chest pain, particularly when breathing deeply.
- Unexplained cough/coughing up blood.

**You may have developed a clot
and need urgent treatment**

Name

Your healthcare team contact is:

In-hours contact number:

Ask your healthcare team for
more information or visit the
Thrombosis UK website:

WWW.THROMBOSISUK.ORG

Download the **'Let's Talk Clots'** app

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