



SIGNS AND SYMPTOMS OF A BLOOD CLOT (VTE)

A blood clot can occur in anyone and without any warning signs or symptoms.

They most commonly occur in the limbs (called a **DVT**), or in the lungs (**PE**). Combined this is known as VTE. Too often they can go unrecognised and undiagnosed.

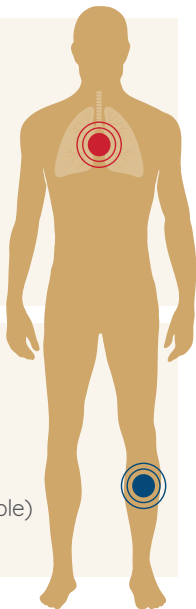
The following symptoms are indicative of DVT or PE but are not exclusive nor exhaustive. Remember if in doubt get checked out!

PULMONARY EMBOLISM (PE)

- Unexplained shortness of breath
- Rapid breathing
- Chest pain (may be worse upon deep breath)
- Rapid heart rate
- Light headedness or passing out

DEEP VEIN THROMBOSIS (DVT)

- Unexplained pain usually in the muscle of one leg can be the only symptom
- Occasionally swelling occurs
- Skin discolouration (pale blue or reddish purple)
- The area can feel warm



E: admin@thrombosisuk.org

T: 0300 772 9603

www.thrombosisuk.org